

2019 Manuel Cordova



Elementary Track Meet

CONGRATULATIONS on qualifying to participate in the annual Poudre School District Manuel Cordova Elementary Track Meet! Please make sure to bring the **NAMETAG** with the events you have qualified for with you to your event(s). Students may qualify in a **MAXIMUM of 5** events as follows; **2 SPRINTS**, (50-75-100-200) **1 FIELD EVENT** (long jump, triple jump, shot put, or softball throw), **1 RELAY**, and the **DISTANCE RUN**, (800-4th grade, 1600-5th grade).

The intent of this event is to provide a quality track and field experience at the elementary level. Scores and results are kept, but the focus is on participation and the thrill of competing.

Decisions made by the meet officials are final.

WEDNESDAY, MAY 8TH, 2019

DISTANCE EVENTS (800/1600 meter runs)

4th grade, (800 meter): 5:30 – 6:15 PM

4 heats per gender, girl's heats run first

5th grade, (1600 meter): 6:15 – 7:00 PM

2 heats per gender, girl's heats run first

SATURDAY, MAY 11TH, 2019

TRACK & FIELD EVENTS

5th grade – 8:00 – 10:00 AM

8-9am – girls track events, boys field events

9-10am – girls field events, boys track events

4th grade – 10:00 – Noon

10-11am – girls track events, boys field events

11-Noon – girls field events, boys track events

Event Order

<u>Running Events</u>	<u>Field Events</u>
100 meter	All begin at the same time
75 meter	
50 meter	
200 meter	
Relay	

Wednesday, May 8th, 2019

Saturday, May 11th, 2019

J. Ray French Field, (RMHS)

1300 Swallow Road

Fort Collins, Colorado

Rain Dates (same times)

Wednesday, May 15th - Distance Events

Saturday, May 18th - Track & Field Events

TRACK MEET DO'S and DON'TS

DO:

REMEMBER to bring your NAMETAG!

The nametag is your ticket onto the field to compete. Students without a nametag will have to go to the **INFORMATION TABLE**, (Southwest corner of the track bleacher area), for a replacement.

Get to your event on time – BUT not too early!

Students **WILL NOT** be allowed on the track, or in Field Event areas to warm up prior to competing. Wait for your event to be called.

Listen to the stadium ANNOUNCER:

Events will be called over the loudspeaker. Race participants enter through the **NORTH GATE** of the track. Field Event participants report directly to their event, (please see map on reverse side). **Results will also be announced over the stadium loudspeaker.**

Represent your School proudly.

Compete to the best of your ability and exhibit the utmost **SPORTSMANSHIP** regardless of the result.

Contact your school PE staff with questions!

Your school PE teacher should be your first option to answer questions and solve any meet-related issues.

DON'T:

Wear CLEATS, or SPIKED shoes to the meet.

The all-weather track has excellent traction. This allows for an even competition for all participants.

BE a bad spectator.

Please sit in the bleacher areas where available. Do not crowd fence areas, walkways, or entry and exit points.

FORGET to check the PSD website for updates

For postponements/rescheduling, etc.